

Features

26 Becoming Culturally Competent in Ethnic Psychopharmacology

One drug does not fit all, especially for patients from minority backgrounds. **Learn** how your own biases, stereotypes, and lack of cultural knowledge can hinder fair and equal treatment.

Joseph Campinha-Bacote, PhD, MAR, APRN, BC, CTN, FAAN

39 Illness and the Disruption of Autobiography: Accounting for the Complex Effect of Awareness in Schizophrenia

Helping clients become aware of their illness can potentially alter their life stories—for the worst. Nurses can teach clients that having schizophrenia does not mean the opportunity for a fulfilling life is over.

Paul H. Lysaker, PhD; and Kelly D. Buck, MSN, APRN, BC

46 Behavioral Management of Command Hallucinations to Harm in Schizophrenia

Can programs like the one described here **help silence** the voices? Find out how **these clients fared** after attending a 10-session behavioral **management course**.

Robin Buccheri, RN, PMHNP, DNSc; Louise Trygstad, RN, CS, DNSc; and Glenna Dowling, RN, PhD, FAAN

Sections

15 Psychopharmacology

Medication Adherence

"I forgot" is not the only reason people stop taking their prescribed drugs. Myriad factors cause clients to skip or stop their treatment—be ready to help them get back on track.

Robert H. Howland, MD

21 Aging Matters

Geropsychiatric Nursing: An Underrecognized Specialty
Nursing students reluctant to work with older adults had a change of heart after completing a narrative project that promoted personal, one-on-one interaction.

Pamela R. Cangelosi, PhD, RN, CNE



Departments

8 Editorial

10 News

12 Letters to the Editor

NEW!

13 **Clip & Save:**
Insomnia

14 Product Update

56 CE Quiz

58 Media Review

59 NARSAD Art